

## News Update This Week...

**Welcome Back to Michelle!** Today we welcome back our wonderful Music Director, Michelle Currie. Please join us for cake and refreshments following the Service.

**Upcoming Newsletter for Union Church:** If you would like to submit something for our next Newsletter, which will look ahead to the summer, please submit to Paula by tomorrow, Monday, May 6<sup>th</sup>? Thank you. Photos, articles, reflections are all welcome!

**Maine Council of Churches:** A Faith Response to the Overdose Crisis in Maine. A workshop will be held on Tuesday, May 21<sup>st</sup> from 10-3 for clergy and lay people at the First Unitarian Church, Auburn, Maine. If you are interested in attending, please see the flyer at the entry to the church or speak with Paula. For registration, go to [mainecouncilofchurches.org](http://mainecouncilofchurches.org). There is no charge for the program.

**\*NEW CONCERT DATE: MICHELLE CURIE & FRIENDS @**  
Vinegar Hill Music Theatre ... Monday Aug. 26th @ 8pm! The Outdoor Garden Bar opens at 6:30pm for cocktails, and doors open at 7:15 for the show. For tickets go to: [www.vinegarhilltheatre.com](http://www.vinegarhilltheatre.com) OR call 207 985-5552.



### OPPORTUNITIES TO SUPPORT BENEFIT WALK

**FOR SEEDS OF HOPE – JUNE 1 & 2:** It's not too late to register to walk in the two-day Hope 2-Day benefit for one of our mission partners, the Seeds of Hope Neighborhood Center in

downtown Biddeford. Join Union Church walkers **Nancy Bancroft and Debbie Lamb** in the 20-mile walk (10 miles each day) in our beautiful Biddeford Pool, Fortunes Rocks, and Granite Point neighborhood. Or if walking isn't for you this year, would you consider sponsoring a walker? Each walker has pledged to try to raise \$800 – the cost of a week's worth of food at Seeds of Hope –and Nancy and Debbie (and perhaps other walkers from Union Church?!) would warmly welcome your support!

**Sponsoring a walker** is easy to do: 1) go to [seedsofhope4me.org](http://seedsofhope4me.org), click on the “sponsor a walker” button, and write in the name or names of the walker(s) you'd like to sponsor OR write in “Union Church walkers” and your donation will be divided equally; or 2) write a check made out to “Seeds of Hope” and give it to one of the walkers. **100% of your donations will directly support Seeds of Hope's programs and your donations are fully tax deductible.** **To register for the walk**, just go to [seedsofhope4me.org](http://seedsofhope4me.org) and click on the “Register to walk here” link. **Thank you!**

**For Your Reflection:** “If you are faced with a mountain, you have several options. You can climb it and cross to the other side. You can go around it. You can dig under it. You can fly over it. You can ignore it and pretend it's not there. You can turn around and go back the way you came. Or you can stay on the mountain and make it your home.” *Vera Nazarian*

“...by bringing myself over the edge and back, I discovered a passion to live my days fully, a conviction that will sustain me like sweet water on the periodically barren plain of our short lives.” *Jonathan Waterman*