

News Update This Week

For Your Reflection:

“HELPED are those who are content to be themselves; they will never lack mystery in their lives and the joys of self-discovery will be constant. HELPED are those who love the entire cosmos rather than their own tiny country, city, or farm, for to them will be shown the unbroken web of life and the meaning of infinity.

HELPED are those who live in quietness, knowing neither brand name nor fad; they shall live every day as if in eternity, and each moment shall be as full as it is long.

HELPED are those who love others unsplit off from their faults; to them will be given clarity of vision.

HELPED are those who create anything at all, for they shall relive the thrill of their own conception, and realize a partnership in the creation of the Universe that keeps them responsible and cheerful.

HELPED are those who love the Earth, their mother, and who willingly suffer that she may not die; in their grief over her pain they will weep, and in their joy in her lively response to love, they will converse with the trees.

HELPED are those whose every act is a prayer for harmony in the Universe, for they are the restorers of balance to our planet. To them will be given the insight that every good act done anywhere in the cosmos welcomes the life of an animal or a child.

HELPED are those who risk themselves for others' sakes; to them will be given increasing opportunities for ever greater risks. Theirs will be a vision of the world in which no one's gift is despised or lost.

HELPED are those who strive to give up their anger; their reward will be that in any confrontation their first thoughts will never be of violence or of war.

HELPED are those whose every act is a prayer for peace; on them depends the future of the world.

HELPED are those who forgive; their reward shall be forgiveness of every evil done to them. It will be in their power, therefore, to envision the new Earth.

HELPED are those who are shown the existence of the Creator's magic in the Universe; they shall experience delight and astonishment without ceasing.

HELPED are those who laugh with a pure heart; theirs will be the

company of the jolly righteous.

HELPED are those who love all the colors of all the human beings, as they love all the colors of the animals and plants; none of their children, nor any of their ancestors, nor any parts of themselves, shall be hidden from them.

HELPED are those who love the lesbian, the gay, and the straight, as they love the sun, the moon, and the stars. None of their children, nor any of their ancestors, nor any parts of themselves, shall be hidden from them.

HELPED are those who love the broken and the whole; none of their children, nor any of their ancestors, nor any parts of themselves, shall be hidden from them.

HELPED are those who find the courage to do at least one small thing each day to help the existence of another--plant, animal, river, or human being. They shall be joined by a multitude of the timid.

HELPED are those who lose their fear of death; theirs is the power to envision the future in a blade of grass.

HELPED are those who love and actively support the diversity of life; they shall be secure in their differences.

HELPED are those who KNOW.”

- Alice Walker

Next Gathering on Mental Health and Wellness: Our next gathering is scheduled for this Tuesday, February 4th at 10am at the BPCC. If you are interested and are not on my contact list, please feel free to let Pastor Paula know you may be interested?

A Service on Creativity: On February 9th, we are planning a Service on Creativity and Spirituality. As part of our preparation, we invite you to submit a poem, a photo of a piece of art work you have done, a special work of photography, music lyrics you have created, or a brief reflection on creativity in your life. We are planning to compile a small booklet to highlight some of the amazing creative endeavors of folks from our church community. Eileen Foley is helping organize this and we ask that submissions be sent to her by tomorrow, February 3rd. Thank you.

A Celebration of Life: for Marjorie Jamback will be held on Saturday, February 22nd at 11am at the Saco Unitarian Church, as her father once served as Pastor there. Pastor Paula will be leading Worship. All are welcome.

Mardi Gras Celebration:



Tuesday, February 25, 2020

5:30 p.m. Social Time; 6:00 Dinner

Biddeford Pool Community Center

2 Yates Street Biddeford Pool, Maine

Sign up at the back of the church or by contacting Eileen Foley (foley55@maine.rr.com) or Anita Coupe (awcoupe@gmail.com).

Seeds of Hope Warming Center: Seeds of Hope has received approval and some funding to open a warming center on the coldest night in Biddeford to help people get indoors out of the cold. They are looking for volunteers who would be willing to help staff overnight shifts, along with a security person and paid staffer. If you know of anyone who might be interested, please contact Rev. Shirley Bowen at Seeds of Hope.

Our Pastor's Info:

Rev. Paula Norbert (207) 205-4951 or (pnorbert1217@gmail.com)

If you are interested in joining Union Church or would like to set up a time to meet with our Pastor, please contact Pastor Paula directly.

Union Church website: www.unionchurchme.com. Church Address: Union Church, P.O. Box 344, B.P. ME. 04006. Union Church Office: North Dam Mill Building 18, Suite 221, 2 Main St., Biddeford. (207) 282-4172.

Leadership of Union Church:

Pastor: Paula Norbert; Moderator: Paul Schlaver; Treasurer: Debbie Lamb; Clerk: Anita Coupe; Deacons: Katie Koles, chair, Denise Kinney, Sandra Ragan, Stephen Fox, Martin Grohman, and Rev. Lamar Robinson; Trustees: John Comeau, chair, Ron Ramsey, Bob Sherman, Don Chretien and Rob Harriman; Finance: Peter McPheeters, chair, Debbie Lamb, Doug Firebaugh, Brad Coupe, Bob Sherman; Music Director: Michelle Currie; Choir Director: Patricia Mulholland; Musical Team: Andrea Wollstadt, Jen and John Comeau, Ada Goff, Chris Humphrey, Neal Zweig and Cheryl Sager. Program Chair & Mission Chair: Ken Murray; Promotions Person: Anita Coupe; Fellowship Chairs: *Seeking New Leaders; Webmaster: Steve Bradford.